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WHAT IS CLAIMED IS:

- 1. A liquid-crystal display comprising: a liquid-crystal layer provided between a pair of substrates so as to be oriented to bend alignment, and a phase compensation plate provided for the outside of each of the substrates, a retardation of a light passing through said liquid-crystal layer and said phase compensation plates being set to a value 1/2 or less of a minimum wavelength of said light relating to display.
- 2. The liquid-crystal display according to claim 1, wherein a birefringent index of a liquid-crystal molecule in said liquid-crystal layer is equal to or less than 0.16.
 - 3. The liquid-crystal display according to claim 1, wherein said minimum wavelength is based on a color having said minimum wavelength among colors relating to color display.
 - 4. The liquid-crystal display according to claim 3, wherein said minimum wavelength of said light is based on blue color.
- 5. The liquid-crystal display according to claim 3, wherein said minimum wavelength of said light ranges between 380 nm and 488 nm.
 - 6. The liquid-crystal display according to claim 4, wherein said minimum wavelength of said light ranges between 380 nm and 488 nm.